



MANUAL HANDLING AWARENESS WORKSHOP

**TABMA Trainers are Leading
Industry Experts with extensive
experience in the Industry!**

WHAT WILL YOU LEARN?

- What is manual handling and why it is so important at work.
- Techniques to lift and handle large objects
- How to prevent injury in the work place.
- Identifying risks and hazards.
- The duty of care employers have, including obligations and legislation under law.
- Statistics on Manual Handling to highlight the importance of safety
- Learn to conduct, document and complete a risk assessment in the work place
- Why Manual Handling is relevant to your workplace

The workshop is ideal for anyone that lifts, lowers, pushes, pulls and carry's material in the workplace.

TABMA have developed this workshop to be specific for the industry. This workshop will allow employees to return to their workplace with a better understanding on how to apply the correct manual handling techniques.

1/2 DAY WORKSHOP ONLY \$195

*Manual Handling Awareness is being delivered in a classroom environment.
Please note a minimum attendance may be applicable.*



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